

## Volunteer Ripple Buddies

---

### Background

The Ripple is a community organisation started by local people. The Ripple works alongside its dedicated volunteers to provide a wide range of well-used services in our community of Restalrig, Lochend and Craigentenny.

### Ripple Buddies

Ripple Buddies is a social inclusion play based project that builds positive relationships between children/young people. We aim to have young volunteer 'buddies' aged 14-19 in sessions to support and create positive role models for the children and young people who are from the local area of Restalrig, Lochend and Craigentenny, who are in Primary school or S1.

The project is based on building strong positive relationships between the children/young people. We know that children feel better about themselves and become more confident when they are liked and listened to. Buddies support this by providing support within the sessions, through playing games, making arts and crafts (e.g. cards, painting, etc) with the children/young people, whilst providing a safe and secure environment for the children/young people to play and build friendships away from external pressures of home and school life.

### What does being a volunteer buddy look like?

- You are aged between 14-19
- You believe that all people are unique.
- You can commit to 2 hours a week.
- You enjoy new experiences.
- You are reliable, caring, and empathetic.

### What will you gain from being a volunteer buddy?

- You will be given support and guidance.
- You will gain experience and new skills.
- We will be able to give you a reference for future study or work.