



# Improving the quality of life in our community by helping people to help themselves

## Community Gardener

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### Background

The Ripple is a community organisation started by local people. It works alongside its dedicated volunteers to provide a wide range of well-used services in our community of Restalrig, Lochend & Craigentenny. The aim of the project is to improve the lives of local people of all ages, by helping people to help themselves.

### The Community Garden

The Ripple Project rents a small plot at Lochend Secret Garden, which is a community initiative to encourage people to grow and share food. The role is to maintain the plot which is around 1.5 x 3.00 metres

### What does a Community Gardener look like?

- You will be able to work between 2 and 8 hours per week on days that suit you and depending on your availability
- You are reliable and enthusiastic
- You have knowledge of gardening, in particular of growing food
- You will be able to work with minimal supervision

### What will you do as a Community Gardener?

- You will work flexibly on days and times that suit you
- You will plan a kitchen garden, in consultation with The Ripple staff
- Depending on the season, you will plant, maintain and harvest the plot
- You will carry out any communal tasks required, as directed by Lochend Secret Garden volunteers. This may include weeding, watering the poly tunnel, tidying the toolshed, turning the compost etc
- You will have the chance to participate in any community events happening at the garden if you wish to
- Your lunch will be provided at The Ripple on days that you work

### Protection of Vulnerable Groups

The Ripple will ask individuals to whom we are offering volunteering opportunities that fulfil 'regulated work' with children and/or protected adults to become PVG Scheme members.