

Volunteer Role Wednesday Market

From its beginnings in 1996, The Ripple Project has existed to meet the needs of local people living in the communities of Restalrig, Lochend and Craigentiny. Today we provide a wide range of activities and services for young and old alike. Our community café provides healthy, low cost meals and to expand our healthy eating ethos, we are delighted to launch our Wednesday Market! Selling cost price fresh fruit and vegetables in an area where healthy food is not readily available locally.

We are looking for volunteers with a warm and friendly manner who are interested in working with and meeting new people from all areas of this community.

Main tasks include setting up the stall with produce and serving customers. All stock and equipment are provided by the Food and Health Manager. This role will require a reasonable level of general fitness as there will be some lifting of stock involved.

Although no special skills are required prior to starting the following is essential;

- Volunteers **must** be able to work independently and unsupervised over often busy and demanding periods.
- Volunteers **must** be able to follow and adhere to Food Standards Agency good practice and observe strict hygiene codes as directed by the Food and Health Manager.

In return, volunteers have the opportunity to

- skill up, by receiving formal and informal training
- support their local community
- meet new people and work in a social environment

Volunteers are given support and guidance to make volunteering with the Ripple Project a rewarding and pleasurable experience. This is also a great opportunity to get involved in the local community and priority is given to people living within the areas of Restalrig, Lochend, Craigentiny and Piershill. Volunteers gain experience and training that might help in work or further education, learn some new skills, make new friends and have great fun.

Potential volunteers will be interviewed and requested to complete an application form, supply two referees and where appropriate complete a Disclosure/PVG application.