

# 2021 annual review 22



# welcome and introduction



Chair **Jacqueline Milne**

I am a local resident and have been involved with the Ripple Project for over 20 years. I am delighted to show my support for the Ripple by chairing the Board this year. The Board has spent a lot of time this last year taking stock of where we are and where we want to go. The pandemic clearly showed what we already knew, that our area

benefits hugely from both its local people and the Ripple working together to make life better for everyone. It also showed us however, that there are many people who need a helping hand from time to time. The time taken to think about our future will mean that we can help more people at the times they need it most. We never forget that our local people are a tremendous source of energy for us and we hope that by working together we can harness that energy to make sure we are looking after our most vulnerable as well as making time for our and each other's own wellbeing.



Director **Rachel Green**

The last year has seen an emergence from the pandemic that has brought with it new opportunities and challenges alongside the need to keep doing what we do on a daily, weekly and yearly basis. We have seen a marked increase in the need to help people beyond what we normally do, predominantly trying to help people navigate services and structures that are, even a year later, not operating face to face. We have seen an increase in the need for more informal mental health work amongst our young people as well as adults and the beginning of increased daily costs has begun to have an effect on the wellbeing of our community.

We have continued to act flexibly and have put new services in place to

respond to these issues. Our food dignity work has expanded to offer local people accessible fresh food in the quantities they can both afford and use. Our children's work has expanded to working in schools delivering 'stress-less' courses that encourage primary age children to develop their own resilience, be aware of the negative effects social media can have and take control of their own positive mental health.

2021 also saw a first Participatory Budgeting event take place in Lochend, Restalrig and Craightinny. A steering group of local people planned and oversaw the management of £16,000 that was distributed to local organisations for projects benefitting the local area – all decided and voted for by local people.

Being able to bring people together this year has seen us develop the work of our community sellers hub with local individuals making items for sale. We have also worked with people to provide affordable



# a year in numbers

accessible services here at the Hub including a repair/alteration service.

Our older people's service has seen a return to its social events as well as visiting the café and the Hub on a regular basis. We have also been delighted to have our volunteers back helping us to run the café which gets busier and busier every year. We were able to provide community meals in an evening by working with Police Scotland and Edinburgh Community Food bringing new people to the Hub and the Café.

The last 6 months of the year saw the Board take stock of our current position, they have worked with a funding specialist and organisational coach to forward plan for the next 3 to 5 years. The Ripple continues to grow both in its reach and its aspirations for the local area. This work will ensure that we are future proofing for the years to come and will see a new strategic plan, a new structure and a funding plan developed and implemented in 2022.

## Board

Jacqueline Milne  
Ewan Aitken  
Bill Johnston  
Norman Gilfillan  
Danny Holland  
Angus Hardie  
Grant Bulloch

## Staff

Dawn Baxter  
Catriona Robertson  
Ayesha Mir  
Tristan Green  
Rachel Green  
Danielle Ward  
Gordon Thomson  
Frances McLennan  
and all youth work staff

## In Remembrance

If I had a flower for every  
time I thought of you, I  
could walk in my garden  
forever  
Tennyson

Bob and Helen Murphy  
Joseph Rowbottom

1 wellbeing day  
1 wellbeing retreat  
1 x 6-week Healthy living Workshop  
1 x 6-week Food & Mood  
1 x Workshop on The Role of Nutrition in Respiratory Illness  
1 x community Christmas Fair with 15 sellers  
2 x 8-week Community Meals  
3 wellbeing courses  
4 x playlist for life  
5 Crisis grants and financial applications (benefits/welfare) successfully submitted for people while other organisations were able to help  
9 regular members of the mens group  
10 individual people selling via the Ripple shop and one business set up on Etsy online.  
10 first year participatory budgeting successfully projects up and running  
10 trips to places in Edinburgh and Stirling for local people  
12 DIY take & make Meal kits distributed  
13 people receiving £50 from engaging in community research projects  
20 weeks of a Community Pantry  
24 sessions of wellbeing  
32 free meals for children  
40 weeks of a fruit and veg market  
76 regular volunteers covering 8 projects gave over 5400 hours of volunteering  
80 free Christmas lunches  
84 sessions of line dancing and  
84 individuals enjoyed free musical afternoons and EIF events  
86 health walks around local pathways and parks,  
94 yoga classes  
423 attendances at yoga classes  
£545 income generated through yoga classes  
The community cafe served over 6000 meals and drinks

# working with **children** and **young people**

## **Open Access Youth Work**

Our **open access youth work** covers our Junior drop in, Senior drop in and detached youth work services. The drop ins run for 34 weeks of the year and have a particular focus on general social issues and transitions whilst also providing activities such as football, table tennis, board games, etc. Over the course of the 34 weeks we engaged with 33 young people at our junior drop in, 15 boys and 18 girls. As for our senior drop in, 5 boys attended over the course of the 34 weeks, all who have a social or emotional support need. This led to the group to develop into not only a drop in but a support area for one another where they feel safe. We also trialed a girls' only drop in on a Wednesday evening for 8 weeks, but this wasn't so well attended with only 6 young people attending sporadically over the period. Our **detached service** tends to run more in the summer months with a focus on bringing young people and families together within

Craigeninny Park area to take part in old school playground games, such as red river, tig, skipping and elastics. There is also an emphasis around food provision, and over the course of Summer 2021 we ran 8 detached/Pizza in the Park Sessions at Craigeninny Park. These provisions can often tie into our diversion activities which happen around Bonfire night/weekend, and 2021 we took 27 young people out of the area on Bonfire night to Innoflate in Livingston. Then on the Saturday evening we opened the Hub to P6-S6's in partnership with Edinburgh Leisure and the Scran Academy's Scran Van to host 12 young people. On the Sunday we had 11 young people in for pizza and a movie. Engaging with a total of 45 individuals over the course of bonfire weekend.

## **Health & Wellbeing**

We have our **Ripple Buddies** groups; these groups are closed referral groups with up to 5 children and 5 teenaged Buddies in



each group. We ran 3 Ripple Buddies groups with 12 children referred to us for the 2021-2022 sessions with 2 Buddies. The idea behind this mentoring programme is to support children and young people within a safe, supportive and nurturing environment, in which they can build friendships, play, talk and escape the difficulties of school or home life for a couple of hours a week. We then have our 2 **fitness fun** sessions P1-3 & P4-7 which originated from a partnership with Edinburgh Leisure and Craigeninny Parent Council and we have continued with due to its popularity and direct requests from children and young people.

Children come along each week and take part in various fitness circuits and team games such as parachute games, dodgeball, capture the flag, etc. On average across the two classes over the course of 34 weeks we have had a consistent group of children/young people from each age group with 16 young people from P4-7, 6 girls and 10 boys and 23 children from P1-3, 10 girls and 13 boys. Our **tennis club** ran for 22 weeks of the year and focused on tennis skills, introducing young people to how to hold the racket, the magic C, how to hit the ball, control, movement and

serve. Over the course of the two terms, we engaged with 16 young people, 9 girls and 7 boys.

The **Boys Club** has been focusing on team games through sport and cooking meals from scratch. Over the 34 weeks of the year, the first term looked at team games through activities such as doubles tennis, doubles table tennis, football, dodgeball, handball, capture the flag, uni-hock, etc. The following two terms looked at cooking from scratch whilst thinking about how to make things healthier, considering allergies and cooking on a budget. This was a regular group of P7-S4 boys over the course of a year with 6 boys attending regularly.

The **Girls Arts & Crafts Group** ran for 34 weeks

of the year, with a focus on sketching, printing, and use of materials such as oil pastels, paints, pencils, etc. A good regular group of P6-S2 girls over the course of the 34 weeks, with 12 girls coming regularly.

Whereas our **P1-3 arts and crafts** groups ran for 34 weeks of the year with a focus on colour, using paints, chalk, pens, pencils, etc and learning what happens when you mix certain colors, etc. Again, a good regular group of P1-3 for both classes with 14 children attending the first term when there was just one class and then 20 children attending across two classes from January 2022 onwards, 10 in each class.

#### **Other:**

The **Drama Club** also known as Ripple Xpress



for P5-S1's worked with 16 young people over the course of 34 weeks, 9 girls and 7 boys who attended sporadically over the period. Young people worked on emotions, feelings, setting a scene and script writing whilst also beginning to work together on a short play piece.

We also trialed a **Stop Motion** club for P6-S2's, for 19 weeks which

worked with 9 young people, 6 boys and 3 girls who attended sporadically over the period to create a story board, props and pull together a very short film.

**Board Games** club for P4-S1's was trailed for 19 weeks and proved to be popular with 16 young people attending regularly, 10 boys and 6 girls. Young people played a variety of board games from chess to Guess Who? To Monopoly, to Uno and many more.



## working with adults

At every ending is a new beginning, and so it was with the ending of lockdown. In particular with The Ripple older peoples' groups, which have been a fixture for over 25 years in the communities of Restalrig, Lochend and Craigentiny. With the lifting of most Covid 19 restrictions in July 2021 we re-established our social and activities programme for local people 65 years and over.

The Lunch Club returned to the building after many months of home deliveries and it was great to catch up with members, old and new, back in the cosy atmosphere of the Hub cafe. After the Covid imposed closure our volunteers were delighted to get back on board, but sadly we say goodbye and thank you to Billy McGhee and Evelyn Brown who have decided to step down. Evelyn has been a volunteer right from the start of The Ripple and has been a guiding hand and friend to many new volunteers. We wish her well and a speedy recovery. Club numbers were fairly low, but good

hot food, warm company and getting out of the house have been invaluable to the recovery of our members and volunteers after a difficult time.

Those who know The Ripple will not be surprised to hear that the Friday Club came bouncing back! From July to September, we ran a Summer Programme taking advantage of some wonderful events offered by Edinburgh International and Art Festivals. A group of 20 had a great afternoon at the Van Gogh immersion exhibition for free. Friday regulars also enjoyed a guided tour of the City Art Gallery, concerts by the London Symphony Orchestra and the Nevis Ensemble, again all for free.

For the second half of the year we returned to our volunteer led sessions and welcomed the launch of a joint endeavour with Cyrenians – Golden Years Befriending. This was a pilot project over six months and will be used to guide our direction for any future service. Guests to the club included a

Lochend film premiere of two short films from See It On Screen with the script writer on hand to answer questions, Tall Tails from the Scottish International Storytelling Centre, and Music and Memories with Playlists for Life. The Friday Club further collaborated with the dementia charity Playlist for Life, who taught volunteers how to lead memory sessions using music personal to members to spark happy memories. The group shared treasured, and often emotional, memories at sessions around wedding music, Christmas songs and TV themes.

The Ripple also hosted its first community Christmas Fair, with over 15 sellers offering everything from personalised Christmas baubles to Sikh Sanjog Spice Mix. Over 200 local people attended the fair and we now hope to make this an annual event. We were also very happy to receive funding to provide 80 local people 65+ a free Christmas lunch with entertainment and a gift from Santa. We were also able to help fund a Christmas afternoon tea for the Monday Club based at Craigentiny Castle, who reported they had a fantastic trip on the Orient Express.

Around the Hub, The Ripple continued to



provide a variety of activities to support local people with physical and mental health with 86 health walks around local pathways and parks, 84 sessions of line dancing and 38 people turned up regularly to dance away the blues on Wednesday mornings.

Our knitters click clacked away to produce a steady stream of items for various charities including sending items abroad. The Writing Group continued during lockdown by Zoom and ran a community writing competition open to all ages.

Our community café served over 6000 meals and drinks as well as providing cost price fresh fruit and veg each Wednesday at our wee market.

Overall our recovery from the Covid 19 hinterland has been positive and cemented further the work of The Ripple, through its space, its volunteers, friends and partners, at the heart of our communities.

# working with wellbeing

## Group work

3 rounds of group work were completed during the period, reaching a total of 5 men and 10 women. Average attendance was 90% and despite post Covid group work being more challenging, feedback was really positive.

"I learned everything about being present in my body. I didn't know what mindfulness was but it felt great. It opened my eyes and I experienced feeling relaxed for the first time in a long time. I now understand what phrases like "being present" really mean."

New sessions, on building resilience, and connection to nature, have been very well received by participants. "I really enjoyed the sensory exercises and was surprised at how they made me feel and what thought processes were triggered. But then going out to the Botanic was a real treat. I don't know why as it's on my

doorstep but I would never think to go."

One participant has gone from strength to strength since completing the course, addressing his relationship to alcohol, signing up to a college course, getting involved in volunteering opportunities and socials, and generally taking part in everything that is going on.

## Yoga

Yoga classes continue to be popular and are offered as part of a wider program of wellbeing or as a stand alone activity. During this 12 month period 94 classes were delivered, reaching 31 people, with a total of 423 attendances and generating £545 income. Those who wish to pay, pay what they can, and those who are unable to pay are never excluded. The delivery approach to this practice is trauma informed and people have reported feeling safe and supported as well as challenged.

"You always remind us to go at our own pace and listen to what my body is telling me, so I don't feel like I constantly have to keep up and I always feel like I have a choice."

"It's different to normal yoga classes which can be intimidating. I really look forward to this class and always feel challenged."

## Wellbeing Open Day

Our second Wellbeing Open Day was a very successful day of activities which were all free to local people and which contributed to their wellbeing. All activities were underpinned by the 5 ways to wellbeing which are commonly referred to; give, be active, take notice, learn, connect. We ran exciting sessions in African drumming, Capoeira, and singing, and smaller group workshops in creative writing, mindfulness, and crafts, and we had a range of complimentary treatments available to sample, from massage, to Reiki, to Hypnotherapy. In collaboration with local partners we delivered these activities giving a total of 107 people a day of fun, learning, relaxation, and community. It was also a chance for us to gather information and get a sense of the importance of The Ripple in the local community. 72% of people asked on the day said that The Ripple was the only organisation in their local area that provided this type of open day, and 100% said they would like to see more of the same in

their community

## Wellbeing retreat

The wellbeing residential was a great success again this year. 11 participants in total went away on a 2 night residential at an 18th century country house to relax and enjoy the peace away from their usual surroundings. This is a fantastic opportunity to connect with the natural world and do some activities to support their wellbeing that they wouldn't perhaps normally have the chance to do, like sunrise yoga, creative writing, and walking meditations, as well as cooking and eating together. With no TV, tech or wifi, evenings are spent on games and chat around the roaring log fire, and that chance to feel what it's like to put the phone away for 48 hours is priceless.

One man said "I would never be able to afford anything like this, and life has been rough recently. My physical and mental health has been terrible the last 3 years, and I've never got any money to do anything really good." Another said "For the first time in my recovery from drug addiction, I have made some friends and felt truly at peace." People described feeling safe, and looked after, and having their best nights' sleep in a long time.



# working with food

## 6 week Healthy Eating workshop

We responded to a group of local women who wanted to learn about a healthier option to losing weight and maintaining their weight rather than the traditional 'dieting' models. 15 women engaged in workshops for 6 weeks included an hour of learning. We looked at healthy recipes for breakfast, lunch and dinner, portion size guide and ran question and answer sessions. We looked at easy to prepare healthy food options showing that healthy eating is cost effective and does not require any special skills.

'My daughter is hyper/unsettled around food for last 2 years, rainbow chart helped her to settle and pick colours of food she loved and wanted to eat, she eats variety of fruit & veg now. I feel energetic, feel much better in body & mind' 'learning to plan meals based on handouts and recipes shared in workshop, making small changes at a time' 6 week Food & Mood course has now become a regular at

the Hub. Workshops include 6 weeks of learning and cooking together. Participants were surprised how easy and cost-effective home-made food is and how it can make a difference to their mood & energy. Clients learned that no special skills are required to cook, except the knowledge of what kind of food is healthy and should be included. We paid attention to the gradual inclusion of a variety of foods and not following fads. Participants were given informative hand outs and recipes. 'Surprised how increasing water consumption changes mood'

## Tailored presentations to groups

An hour presentation was given to people attending 'Catch your breath' workshops. Participants learned about the role of nutrition in Respiratory illnesses, the do's and don'ts, food swaps and recipe ideas that they could easily try at home. 'Thank you for this informative workshop, I can make better choices now'

## Hub Grub Café

The Café has been open and running as normal. The Cafe now employs 3 paid staff who are helping with cooking through a working week. 100 people access the café for healthy nutritious food every week. The ingredients are sourced from other social enterprises and Fareshare to keep the food as local as possible, decreasing our carbon footprint.

## Food Pantry with Cyrenians

Every other week we run a food pantry in partnership with Cyrenians, our volunteers help manage and distribute affordable high-quality food to our local people. People become members of the pantry and pay a membership that allows them to choose 10 food items fortnightly. The pantry exists to provide access to food in a dignified and respectful way helping those on low incomes to budget and eat well throughout the week. The pantry has over 40 members and a growing waiting list.

'Food poverty is real, thanks to Ripple for hosting this'.

## Wednesday market

Every week fresh fruit & vegetables are ordered from Edinburgh

Community Food and sold at cost price. Individual pieces of fruit & vegetables adds variety, helps in reducing waste by buying what you need, and is accessible to our older people and others with transport and budgeting needs.



## Community meals

In partnership with Edinburgh Community Food the Ripple kitchen/café has hosted a series of Community Meals. 20 local people attended the meals every Wednesday evening over the winter months. This gave our older local people the opportunity to socialize and enjoy a tasty, nutritious meal together. The Ripple hosted another Community Meals partnership project in the spring to





beat the hate and isolation experienced by Eastern European Community. The Ripple Project worked with Feniks, Edinburgh Community Food and Police Scotland to bring volunteers and people together to raise awareness and discuss the issues faced by our non English speaking communities. 'Never experienced such a gathering, love and thanks to Ripple for hosting' – Cristina

**Take 5 Access in partnership with Edinburgh Community Food**

The Ripple Hub Grub Community Café were delighted to be supported by the Edinburgh Community Café Network project 'Take 5 Access'. The Edinburgh Community Café Network exists to support low income and vulnerable people across the city to source and consume healthy, affordable food. The Take 5 Access project aimed to reduce the risk of food insecurity, and increase access to healthier food for those with low incomes. The project also provided

skills and resources to make use of healthier food and support people through in-person assistance with signposting, including cash first resources. The Hubgrub Café actively took part in the project and provided free fruit to our customers for the period of the project. We also cooked and served DIY meal bags and offered bags to people who were interested in cooking at home. Approximately 32 free meals were made in the kitchen and 12 bags offered to people interested in trying new recipes at home. Every week throughout the period of the project 100 young people were provided with free fruit and vegetables eg apples, bananas, pears, carrots and cucumbers as snacks during their after-school club activities. We continue our work with external organisation eg Changeworks ran an advice stall at The Ripple to help people save money on energy bills. They interacted with café customers and helped them with a variety of issues such as



gas and electricity billing problems, applying for grants to clear gas debt, finding the cheapest energy supplier, reducing condensation and dampness, reducing household food and energy costs and educating how the energy cap affects us. We were given additional support to distribute to those most in need to pay towards their fuel cost as well as a laptop so we can help and support our volunteers and users who need help with digital support.

**Wellbeing days**

Nutritious food is core to Wellbeing, The Hub grub Café was delighted to feed nutritious meals to people who attended Wellbeing activities as part of our annual Wellbeing days.



# working with the **community**

From a community development perspective, the last twelve months was about rebuilding and recovering after the impact Covid-19 had on communities. Staff had to draw on empathy as well as expertise, to ensure that members of the immediate community felt supported by The Ripple. As the community action worker, it was my role to start introducing new concepts to local residents while gaining their trust by helping them on individual tasks that matter to them the most. It was a first for a; mens group, participatory budgeting and online businesses for some of our residents and we all look forward to building on this further over the next 3 years.

## **Participatory Budgeting**

In October 2021 The Ripple delivered the first ever Participatory Budgeting (PB) process in Restalrig, Craigentenny and Lochend named LCR Stands Up. A decision making group was made up of 7 local residents and they were tasked with making decisions about how the process would run from

when applications opened at the start of July, to the end of the voting process in mid-October. Twelve meetings were organised between the group and they were supported with an officer from PB Scotland to ensure decision making was effective and efficient. The themes established for applicants to focus their project ideas on included; Mental Health and Isolation, Safety, Youth Services, Utilisation of Green Spaces and projects that offer employability support. Sixteen project ideas were submitted and accepted by the decision making group prior to the application deadline. After the voting deadline, the process comes to a community vote, where local residents were able to select 3 of their favourite ideas. Nearly 200 people cast their votes during last years process which we were delighted with for a first year effort.

After votes were counted, twelve of the sixteen projects were granted funding to be delivered in our local community. There were many highlights from last

years voting. You may have noticed a permanent vandal proof bench in Craigentenny garden, a silent disco or two in Lochend Park or you should be on the look out for a community mural going up at Craigentenny Primary School in the near future. All of these and more were funded by the LCR Stands Up participatory budgeting process. So keep an eye out and get your votes in for all of our future LCR Stands Up processes.

## **Mens Group**

At the Ripple, we noticed there was not a great deal of support in Restalrig, Lochend and the surrounding areas for men. With this in mind, we decided to act and empower a local man to attend the Health in Mind Peer support training with the intention of forming our very own peer support group at The Ripple.

After supporting one of our locals through this training we began to work on a plan for a mens group and on a Monday and in April 2021, the men's group was launched. It started with a lively conversation between a group of guys as to what they wanted from the sessions and grew arms and legs from there. There have been trips to Stirling, Glasgow, speakers coming in offering new activities for



men to try and just a general encouragement for local men to enjoy their lives and their neighbourhood. One of the main positives coming out from this group is that friendships have been formed and consolidated for the long term. The group often leave the room with an emotion that has been challenged and understood and often something to look forward to for the next week.

Regular feedback relates to the willingness and enjoyment of trying something they have not done for years like going to watch Scotland play football at Hampden park, or even something never even tried such as a locked in escape room or the building of a model plane!!

The group is currently on a sabbatical while we await some fresh faces to throw their hat in the ring for a new wave of peer support training provided by one of our partners and we keenly await the future

opportunities created for the men of our community.

### Local Sellers

One of the things we are passionate about is showcasing the skills we have within our local area and encouraging locals to utilise their skills to generate some additional income for themselves. While everyone was locked away, we worked on creating a make-shift community shop in the Hub. Half of the space was transformed into a donation centre so locals could purchase household goods for very low prices. Meanwhile the other half became a dedicated space to unique and homemade crafts selling at prices set by the local creative. To accommodate for their being not much opportunity for physical selling in 2021, we facilitated one of our local sellers to set up an Etsy and Instagram page to further promote their business and make sales online. This required a detailed analysis of how Etsy could work and opened up many future possibilities for other local sellers to get selling via online platforms. After a difficult year, The Ripple hosted an in person Christmas crafts fair in November 2021. A number of different charitable organisations took a place in our

building to set up and sell their own crafts created behind closed doors over the last year, and we saw this as a perfect opportunity incorporate some of our local sellers into this selling space. The event was a success with our local sellers gaining some priceless experience and an extra bit of cash to take into the Christmas holidays with.

Over the course of the year, our sellers made hundreds of pounds and we cannot wait to take that effort further over the next few years in the forms of more markets and an increased capacity to sell online.

### Partnership Working

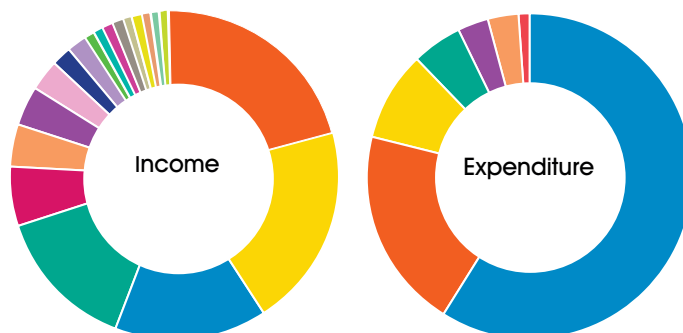
Over the last twelve months, The Ripple needed to ensure the best partnerships were formed and maintained to help respond to the rebuilding required in communities. The initial partnership that we quickly re-built when life started returning to normality was with Granton Information Centre who specialise in offering welfare advice to those most in need. We realised the freedom we had to support communities as we found a number of local centres such as libraries where people would usually turn to were still closed and remaining

closed for the foreseeable future. Granton Information Centre now offer appointments to whoever needs them all day on a Thursday and a Friday morning. Devolved powers from the UK government, resulted in the Scottish Government creating the Child and Adult Disability Benefit to replace PIP assessments and The Ripple formed a partnership with Social Security Scotland to ensure that our local residents have access to safe and secure appointments. There is availability every Tuesday for consultation, advice and assessment tribunals right here at The Ripple. We recognise the vast improvements the Scottish Government is making to the benefits system and we are here to support that. With unemployment on the rise due to the pandemic and peoples employment as insecure as it has been in the last 10 years, we paired up with Port of Leith Housing Association: Community Works programme to offer client-focussed 1 to

1 employability support on a monthly basis. On the last Monday of the month, there is an opportunity for residents in EH5/6 and 7 to receive regular support into employment. The Community Works project also will continue to support people to ensure they are able to maintain employment, retention is often neglected in other key employability programmes. A number of projects have been organised with Edinburgh University. These have included mapping the places of interest in the local area and discussing the ease at which people living in EH7 can receive support from key services. Many of the forms of research completed with the university prove very beneficial for The Ripple and local residents (often receiving some form of reward for taking part). As this relationship has flourished, The Ripple and our community often get first refusal for opportunities we may not have had access to pre-pandemic. Long may this continue!!!



# Income and Expenditure for the year ending 31st March 2022



## Partners

Thrive Edinburgh  
Edinburgh University  
City of Edinburgh Council  
Golden Years  
North East Community Planning Team  
Local GP's  
Edinburgh College  
Local Councillors  
MSP's  
Lothian Health Board  
LAYC  
EVOC  
SCVO  
Cyrenians  
Fareshare  
Edinburgh Community Food  
Edinburgh Community Health Forum  
Police Scotland  
Scottish Fire and Rescue  
Landmark Trust  
Street League  
Leith Gives  
Youth Scotland  
POLHA

## Total income

**£473,136**

City of Edinburgh: Children & Families	£101,207
Edinburgh Integration Joint Board	94,608
Scottish Government	69,056
First Port Ltd - Adapt & Thrive	66,424
The Big Lottery	29,522
Café Income	17,860
Room Hire and Activity Subscriptions	17,800
City of Edinburgh: Community Mental Health	13,000
National Lottery Community	10,000
Development Trust Association Scotland	10,000
Cycling Scotland	6,960
Donations	6,603
Other grants	6,405
EVOC	6,250
City of Edinburgh: Creative Community	5,000
City of Edinburgh: Small Youth Grants	4,017
Speaker Advertising and Other Income	3,424
Capital City Partnership	3,000
POLHA	2,000

## Total expenditure

**£425,061**

Staff including recruitment and training	249,524
Programme costs	85,436
Insurance, subscriptions, professional fees	37,111
Rent, rates, light and heating	23,347
Premises expenses	13,816
Telephone, post, printing and stationery	11,690
Governance	3,882
Other	255

The work of the Ripple is dependent on the generosity and commitment of many individuals, businesses and funding bodies. Our thanks and appreciation go to the kind individuals who have made donations and the funders who gave us vital financial support during 2021/22. Our Funders and Donors: City of Edinburgh Council, Edinburgh Integrated Joint Board, The Big Lottery, Awards for All, The Robertson Trust, Youth Scotland, Cash Back for Communities, The Landmark Trust, POLHA, Scottish Government, DTAS, Thrive Edinburgh, Joseph Rowbottom

The Ripple  
198 Restalrig Road South  
Edinburgh EH7 6DZ  
0131 554 0422  
admin@theripple.org.uk  
www.rippleproject.co.uk  
Twitter @RippleRestalrig

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